



संत लॉंगोवाल अभियांत्रिकी एवं प्रौद्योगिकी संस्थान

(शिक्षा मंत्रालय, भारत सरकार के अधीन सग विश्वविद्यालय)

लॉंगोवाल, जिला-संगरूर, पंजाब – 148106

Sant Longowal Institute of Engineering & Technology

(Deemed-to-be-University under Ministry of Education, Government of India)

Longowal, District Sangrur, Punjab-148106

संदर्भ सं/Ref. No. SLIET/331

दिनांक/Date: 13-06-2025

Notice

Sub : International Day of Yoga 2025 Celebrations

10th International Yoga Day will be celebrated in the Institute on 21st June, 2025. All faculty, /Staff members, students and SLIET campus residents are invited to participate in the International Yoga day celebrations with joy as per the following program :

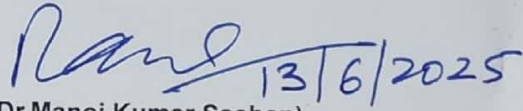
Venue : **Student Activity Centre**

Time : **6.15am to 7.45am**

Date : **21-6-2025**

All participants are requested to assemble at the venue by 6.15am sharp. They are advised to come in appropriate sports dress so as to participate in yoga asans comfortably.

Refreshments will be served after the yoga session.


(Dr. Manoj Kumar Sachan)
Convenor, Yoga and Health Committee

Copy to :

1. Director Cell – for kind information, please.
2. All Deans- with a request to give wide publicity and motivate faculty/staff/students to participate in the yoga programme
3. Registrar, with a request to give wide publicity and motivate faculty/staff/students to participate in the yoga programme
4. All HoDs- with a request to give wide publicity and motivate faculty/staff/students to participate in the yoga programme
5. CW(BH)- with a request to give wide publicity and motivate students to participate in Yoga programme.
6. CW(GH)- with a request to give wide publicity and motivate students to participate in Yoga programme
7. Section Incharges – for circulation amongst the staff members..
8. SPI- Please depute the Yoga teachers for smooth conduct of yoga day.
9. EO- for kind information and further necessary action, please.
10. Librarian- for circulation amongst the staff members.
11. MO – to make arrangements for staff with essential medicines at the venue and also send Ambulance on Yoga Day at SAC.
12. Er. Navdeep Garg – for arranging sound system

"Proud to be Part of Team SLIET"

लॉंगोवाल, जिला संगरूर-148106 (पंजाब), भारत, दूरभाष सं: +91-1672-253100, 280057 (निदेशक), 253115 (कुलसचिव)
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