International Women's Day Celebrations' 2025

Internal Complaints Committee (ICC) and **Women Cell** of the Institute in collaboration with **National Service Scheme, SLIET** celebrated International Women's Day' 2025.The celebration was filled with a mix of rejuvenating yoga sessions, competitive events, spirited fun games, and an insightful awareness program. Active participation of faculty, staff and students was observed to rejoice the eternal success of women in the creative world. On 7th March, Poetry Recitation competition was organized providing a platform for participants to express their thoughts and emotions through the art of poetry, addressing themes of strength, resilience, equality, and the multifaceted experiences of women. Notably, the faculty coordinators, **Dr. Surita Maini and Dr. Utkarsh** also joined students in sharing their poetic expressions, adding a unique dimension to the celebration.The morning of 8th March started with a mindful yoga session led by Ms. Nisha, Yoga Instructor, creating a calm and focused atmosphere, setting a positive tone for the day. The evening saw a shift to a more playful atmosphere, with a series of fun games designed to foster camaraderie and teamwork. Activities like Tug of War, Musical Chairs, Kho Kho, Lemon-on-Spoon Race etc. were organized in the premises of Girls Hostel by **Mr. Balwinder Singh,** Sports Instructor and **Ms. Nisha,** Yoga Instructor. The sound of laughter filled the venue creating a joyful and relaxed environment. A key component of the event was an awareness program on "For All Women, and Girls: Rights, Equality, and Empowerment" wherein the coordinators **Dr. Parveen Khanna, Dr. Anupma Marwaha and Dr. Subita Bhagat** interacted with the girl students.

Poetry Recitation Competition (7thMarch 2025)

Yoga Session (8ᵗʰ March 2025' Morning)

Girls Hostel Events (8th March 2025' Evening)

Tug of War (GH1 Vs GH2)

Kho-Kho

Musical Chair

Awareness Program
"For All Women, and Girls: Rights, Equality, and Empowerment"