

MCUG-501												
UNIVERSAL HUMAN VALUES 2: UNDERSTANDING HARMONY												
	L			T			P			Credits		
	2			1			0			3		
	Sessional Marks									50		
	End Semester Examination Marks									50		
<u>Course Objectives:</u>	<ul style="list-style-type: none">To help the students appreciate the essential complementarity between 'VALUES' and 'SKILLS' to ensure sustained happiness and prosperity which are the core aspirations of all human beings.To facilitate the development of a Holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the Human reality and the rest of existence. Such a holistic perspective forms the basis of Universal Human Values and movement towards value-based living in a natural way.To highlight plausible implications of such a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with Nature.											
<u>Course Outcomes:</u>	<p>On completion of the course, the students are expected:</p> <ol style="list-style-type: none">To become more aware of themselves, and their surroundings (family, society, nature).To become more responsible in life, and in handling problems with sustainable solutions, while keeping human relationships and human nature in mind.To have better critical ability.To become sensitive to their commitment towards what they have understood (human values, human relationship and human society).To apply what they have learnt to their own self in different day-to-day settings in real life, at least a beginning would be made in this direction.											
Mapping of course outcomes with program outcomes												
	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12
CO1	N	N	N	N	N	S	S	W	W	N	N	S
CO2	N	N	N	N	N	M	W	M	W	N	N	S
CO3	N	N	N	N	N	W	M	W	W	N	N	S
CO4	N	N	N	N	N	S	S	S	W	N	N	S
CO5	N	N	N	N	N	S	S	S	W	N	N	S

Course Methodology:

- The course has 28 lectures and 14 tutorials in 5 modules. The lectures and tutorials are of 1-hour duration. Tutorial sessions are to be used to explore and practice what has been proposed during the lecture sessions.
- The Teacher's Manual provides the outline for lectures as well as practice sessions.
- The teacher is expected to present the issues to be discussed as propositions and encourage the students to have a dialogue.

The syllabus for the lectures and practice sessions is given below:

Module 1 – Introduction to Value Education (6 lectures and 3 tutorials for practice session)

Lecture 1: Right Understanding, Relationship and Physical Facility (Holistic Development and the Role of Education)

Lecture 2: Understanding Value Education

Tutorial 1: Practice Session PS1 *Sharing about Oneself*

Lecture 3: Self-exploration as the Process for Value Education

Lecture 4: Continuous Happiness and Prosperity – the Basic Human Aspirations

Tutorial 2: Practice Session PS2 *Exploring Human Consciousness*

Lecture 5: Happiness and Prosperity – Current Scenario

Lecture 6: Method to Fulfil the Basic Human Aspirations

Tutorial 3: Practice Session PS3 *Exploring Natural Acceptance*

Module 2 – Harmony in the Human Being (6 lectures and 3 tutorials for practice session)

Lecture 7: Understanding Human being as the Co-existence of the Self and the Body

Lecture 8: Distinguishing between the Needs of the Self and the Body

Tutorial 4: Practice Session PS4 *Exploring the difference of Needs of Self and Body*

Lecture 9: The Body as an Instrument of the Self

Lecture 10: Understanding Harmony in the Self

Tutorial 5: Practice Session PS5 *Exploring Sources of Imagination in the Self*

Lecture 11: Harmony of the Self with the Body

Lecture 12: Programme to ensure self-regulation and Health

Tutorial 6: Practice Session PS6 *Exploring Harmony of Self with the Body*

Module 3 – Harmony in the Family and Society (6 lectures and 3 tutorials for practice session)

Lecture 13: Harmony in the Family – the Basic Unit of Human Interaction

Lecture 14: 'Trust' – the Foundational Value in Relationship

Tutorial 7: Practice Session PS7 *Exploring the Feeling of Trust*

Lecture 15: 'Respect' – as the Right Evaluation

Tutorial 8: Practice Session PS8 *Exploring the Feeling of Respect*

Lecture 16: Other Feelings, Justice in Human-to-Human Relationship

Lecture 17: Understanding Harmony in the Society

Lecture 18: Vision for the Universal Human Order

Tutorial 9: Practice Session PS9 *Exploring Systems to fulfil Human Goal*

Module 4 – Harmony in the Nature/Existence (4 lectures and 2 tutorials for practice session)

Lecture 19: Understanding Harmony in the Nature

Lecture 20: Interconnectedness, self-regulation and Mutual Fulfilment among the Four Orders of Nature

Tutorial 10: Practice Session PS10 *Exploring the Four Orders of Nature*

Lecture 21: Realizing Existence as Co-existence at All Levels

Lecture 22: The Holistic Perception of Harmony in Existence

Tutorial 11: Practice Session PS11 *Exploring Co-existence in Existence*

Module 5 – Implications of the Holistic Understanding – a Look at Professional Ethics (6 lectures and 3 tutorials for practice session)

Lecture 23: Natural Acceptance of Human Values

Lecture 24: Definitiveness of (Ethical) Human Conduct

Tutorial 12: Practice Session PS12 *Exploring Ethical Human Conduct*

Lecture 25: A Basis for Humanistic Education, Humanistic Constitution and Universal Human Order

Lecture 26: Competence in Professional Ethics

Tutorial 13: Practice Session PS13 *Exploring Humanistic Models in Education*

Lecture 27: Holistic Technologies, Production Systems and Management Models-Typical Case Studies

Lecture 28: Strategies for Transition towards Value-based Life and Profession

Tutorial 14: Practice Session PS14 *Exploring Steps of Transition towards Universal Human Order*

Practice Sessions for Module 1 – Introduction to Value Education

PS1 Sharing about Oneself

PS2 Exploring Human Consciousness

PS3 Exploring Natural Acceptance

Practice Sessions for Module 2 – Harmony in the Human Being

PS4 Exploring the difference of Needs of Self and Body

PS5 Exploring Sources of Imagination in the Self

PS6 Exploring Harmony of Self with the Body

Practice Sessions for Module 3 – Harmony in the Family and Society

PS7 Exploring the Feeling of Trust

PS8 Exploring the Feeling of Respect

PS9 Exploring Systems to fulfil Human Goal

Practice Sessions for Module 4 – Harmony in the Nature (Existence)

PS10 Exploring the Four Orders of Nature

PS11 Exploring Co-existence in Existence

Practice Sessions for Module 5 – Implications of the Holistic Understanding – a Look at Professional Ethics

PS12 Exploring Ethical Human Conduct

PS13 Exploring Humanistic Models in Education

PS14 Exploring Steps of Transition towards Universal Human Order

As an example, PS 7 is a practice session in module 3 regarding trust. It is explained below:

PS 7: Form small groups in the class and in that group initiate dialogue and ask the eight questions related to trust. The eight questions are:

1a. Do I want to make myself happy?

2a. Do I want to make the other happy?

3a. Does the other want to make him happy?

4a. Does the other want to make me happy?

Intention (Natural Acceptance)

What is the answer?

1b. Am I able to make myself always happy?

2b. Am I able to make the other always happy?

3b. Is the other able to make him always happy?

4b. Is the other able to make me always happy?

Competence

What is the answer?

RECOMMENDED BOOKS		
Title	Author	Publisher
1. A Foundation Course in Human Values and Professional Ethics	R R Gaur, R Asthana, G P Bagaria	2 nd Revised Edition, Excel Books, New Delhi, 2019 ISBN 978-93-87034- 47-1
2. Human Values	A.N. Tripathi,	New Age Intl. Publishers, New Delhi, 2004.
3. Jeevan Vidya: Ek Parichaya	A Nagaraj	Jeevan Vidya Prakashan, Amarkantak, 1999.
THE TEACHER'S MANUAL		
4. Teachers' Manual for A Foundation Course in Human Values and Professional Ethics,	R R Gaur, R Asthana, G P Bagaria	2 nd Revised Edition, Excel Books, New Delhi, 2019. ISBN 978-93-87034-53-2

EVALUATION:

The evaluation criterion of this subject will be the same as that of a theory course in UG programme i.e 50 marks for Continuous Assessment Marks (Minor 1, Minor 2, Quiz, Assignment) and 50 marks for End Semester Examination.

The overall pass percentage is 35%. In case the student fails, he/she must repeat the course. The student will be awarded Satisfactory (S)/Unsatisfactory (US) grade based on his/her overall performance in the subject.